



Central and Algonquin United Methodist Churches

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The Pastor's Perspective



Dear Friends in Christ,

Many of you know that I took a two-week vacation the first part of August. The trip consisted of multiple days in Seattle, WA (first time in Seattle) and a seven-day Alaskan cruise. The ship sailed up the Inner Passage of Alaska stopping in port cities Juneau and Skagway. On the way back to Seattle, we also stopped for a day in Victoria,

British Columbia. It was a wonderful vacation and I returned home rested and full of great memories.

This was my first time on a cruise ship. I understand why people enjoy cruising to Alaska. The state is so vast and difficult to get to. For example, Juneau, the capital of Alaska, is only accessible by air or water. We saw mountains, waterfalls, glaciers, icebergs, eagles, bears, dog sledding, elk (others saw whales). We heard and saw some history of the early years of the Alaskan gold rush in Skagway. The majesty of nature was everywhere and often left me breathless. Taking time away, whether two weeks or two days is good for the soul, no matter what our age. There is something about changing up the routine that is healthy and life-giving.

As summer comes to an end, I look to the Fall with hopeful anticipation. In this newsletter you will find some opportunities for Algonquin and Central to work together to serve our neighbors:

- ★ One day mission trip to God's Cooperative Parish in Newberry (September 28)
- ★ Serving lunch at the Presbyterian Church (September 22)

Look for information and start dates for Christian Education and Family Night.

One of the primary reasons I am so excited about the fall is that we have hired a Family Ministry Coordinator—Kay Miller. Kay joined Central this spring with her husband, Dale. She is a retired elementary teacher with certificates in early childhood and reading instruction. She has held numerous positions within the YMCA, most recently as the after-school program director. Most importantly, Kay loves children and has a deep desire to nurture and develop a Christian faith in our young Christians.

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Pastor's Perspective Continued:

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Pastor's Perspective Continued:

As we truly begin year two together, I am excited about where God will lead us as the United Methodist Churches in the Soo. Each one of you is a piece of this puzzle. I trust that I will see or hear from you sometime in September. Please join me as we "labor, love, and live for Jesus Christ!"

Pastor Vickie

NOTES AND NOTEWORTHY

September 1, 2019 will see Central return to the 11:00 a.m. hour for the worship service. The Algonquin worship hour will continue at 9:00 a.m.

The email address for the church office is centralumc632@gmail.com Church office hours are 9:00 a.m. to 2:00 p.m., Monday through Thursday. The office is closed on Fridays.

Looking Ahead: October 2019 is Stewardship Month so watch for more information.

MISSION OPPORTUNITY!

God's Country Cooperative Parish (CGCP) has invited us to come do service work on Saturday, September 28th. We will leave the Soo early that morning, spend the entire day working, and return home that evening. We are taking people with any kind of skills—from carpentry, painting, cleaning or organizing. Everyone who wants to come is welcome. You must be at least 15 years old to participate and have a signed release from your parents. Once Randy has our skill sets, he will find work for every one of us. More detailed information will be forthcoming. Sign-up sheets are available at both churches, and Sunday, September 8th is the deadline.

Central UMC

- mission bulletin board by the Spruce Street entrance
- bulletin board outside church office

Algonquin UMC

podium at back of sanctuary on clipboard

This is a great opportunity for us to work together in mission and help a nearby neighbor. If you have never gone on a mission trip, this is the time to try it out. You'll be home in your own bed that night, and you'll have a great experience!!

PRAYER WHEEL FOR OUR SOLDIERS

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. We ask this in the name of Jesus, our Lord and Savior. Amen.

Petty Officer 2nd Class Christopher VerHaagh, the son of Loretta and Mike VerHaagh, is an aviation electrician in the U.S. Navy. He is assigned to Strike Fighter Squadron VFA-83 and works on F-18 Super Hornets. He lives in Virginia Beach with his wife Alexis.

Gavin Povey, the grandson of Diana and Ron Morgan is in the Air Force and stationed in California.

Samantha Huhtala is a Lance Corporal in the U.S. Marine Corps and is a crew chief on a UH-1Y Venom Light Attack Helicopter, currently stationed at Camp Pendleton, California. She is the daughter of Sheila and John Huhtala, Jr., the granddaughter of Rev. John and Karen Huhtala and the niece of Kara LaLonde.

Sawyer Ball, the son of Marcia and Carl Ball is stationed in Texas at Fort Hood with the U.S. Army.

Brent N. Johnson is a pilot stationed at Dover, Delaware with the U.S. Air Force. He is married to Catherine, and she is also in the Air Force, in Intelligence. His grandparents are Gayle and Bob Johnson.

Command Sgt. Major John Todd Lutz is stationed at Fort Bragg in Fayette, N.C. He is the son of John Lutz and the late Carol Lutz and the nephew of Tom and Harriette Robinson.

CWS Sam Morgan is stationed in Savannah, Georgia and is the commander of a Black Hawk helicopter. His parents are Virginia and Terry Morgan and he is the nephew of Tom and Harriette Robinson.

The First Battalion, IV Marines, was deployed to the Mid-East on June 2019 for a minimum of 6 months. This is the former service unit of Mike Worley.

We would like to extend prayers and recognition beyond our church family to anyone who would like their loved ones, friends or acquaintances mentioned for special prayers in this space, to please make your editors or the church office aware of them



A NOTE OF THANKS

My dad and I would like to extend our sincerest gratitude for all of the cards, phone calls and memorials made regarding the passing of my mom. We both were overwhelmed with the generosity of so many.

Cathy Wilkinson and Gary Sweeley

A REMINDER: The deadline for material to be submitted for our next *Flame*, the October 2019 issue, is **September 15, 2019** at noon.

ALGONQUIN UNITED METHODIST CHURCH

1604 W Fourth Avenue Sault Ste Marie, MI Sunday Service at 9:00 a.m.



Enjoying the burgers and hot dogs!

We had our church cookout on Sunday, August 11, 2019. Our United Methodist Women provided the food and the guys grilled the burgers and the hot dogs. A good time was had by all. Here are a couple of pictures of the event.



Cooking the burgers and hot dogs with lots of supervision!!

Through our change jar we collected \$144.00 in June for Camp Michigamme. \$123.00 was collected in July for the animal shelter.

The Algonquin United Methodist Women, in the month of July, 2019, made 36 hygiene kits for the refugees at the southern border. Each kit contained a bar of soap, wash cloth, hand towel, band-aids, a comb, a tooth brush and nail clippers. The kits were shipped to UMCOR's distribution center in Louisiana.

Submitted by Bernita Sibbald



Hygiene Kits



WE EXTEND OUR CONDOLENCES....

....to Mike and Laurel Arenivar and their family on the passing of Laurel's grandmother this summer in El Paso, Texas. Some of the family traveled to their home town of El Paso for her memorial service.

.....to the family and friends of **David Ripley**. He passed away on August 19, 2019 at Hospice House after a long and courageous battle with cancer. He was born on June 5, 1957 and lived most of his life in Sault Ste. Marie. He was a welder on lake freighters and at Bunker's Machine Shop. His children are a daughter, Amber Aikens of Dafter, and two sons, Jeremy of New York and Dawson of Sault Ste Marie. A memorial service was held at Hovie Funeral Home on August 25, 2019.

And God will wipe away every tear from their eyes....Revelation 7:17b

MISSIONS/OUTREACH COMMITTEE

We are wrapping up our "Multiplying Talents Project" on Sunday, September 8, 2019. This is the project where members of our church family were invited to take \$10.00 and use it as seed money to raise more capital to fund our mission programs. On September 8th we will have an offering by all who participated when they will have the opportunity to place their offering in a basket at the front of the sanctuary. We urge all who have used their special talents to raise mission funds to also write out a brief summary of their talent experience and what they did to raise these funds.

The September Love Offering will benefit our Backpack Program, and in October it will go for the UMCOR Peace and Justice project.

Our church will provide for the Community Soup Kitchen on September 22nd at the First United Presbyterian Church. Diana Morgan is the chairperson for this event. Please contact her to donate food and your time.

Submitted by Marge Huff, Mission Chairperson

WORSHIP COMMITTEE

The adult Chancel Choir will begin the fall rehearsal schedule on Wednesday, September 4th, at 7:00 p.m. and will plan to sing in church for the service on Sunday, September 8th, at 11 a.m. with warm-up at 10:30 a.m. The choir prepares and sings weekly during the academic year. We share a variety of musical styles, both a capella and accompanied, using occasional soloists and guest instrumentalists. The choir is always looking for new members—please consider joining us on Wednesday nights.

The adult Bell Choir will begin the fall rehearsal schedule on Wednesday, September 18th, at 6:00 p.m. and will plan to ring in church on Sunday, October 13th. We generally aim to share in church once a month. To join the Bell Choir, it is important that you can read either treble or bass clef music and have a comfortable sense of rhythm and rhythmic notation. We rehearse in the old nursery, just off the Fellowship Hall.

Submitted by Cathy Wilkinson, Worship Committee Chair

HYGIENE KITS

Pictured here are the group of 49 hygiene kits that were displayed at the front of Central United Methodist church on Sunday, August 18, 2019. They were then shipped to the United Methodist Board of Global Ministries for the use of people detained at the U.S. south west border. Many thanks to the individuals and small groups who participated in this mission to our neighbors.



CENTRAL CHILD CARE CENTER



We have had a busy summer here at Central Child Care Center! Our preschool children

have been enjoying going on field trips to the Soo Locks, St. Mary's playground, and to the Community Garden. They have been learning about where our food comes from and how to take care of the garden. They have been enjoying watching the seeds that they planted grow into plants! Our toddlers love the playground and going for walks – we've even had a few days where we got out the sprinkler and played in the water!

We hosted a CEF (Christian Evangelism

The children on one of



The children on one of their field trips.

Fellowship) "5 Day Club" here on our playground for our preschool class from July 8th-July 12th. The children had a great time learning about Jesus from a teenage worship team that came to work with the children every day for that week. The worship team taught them songs, read them Bible stories, taught them games, and lead them in prayer. It was a wonderful experience and I am hopeful that they will come back again next year!

Thank you to all who have donated items/money/time to the Center this summer! We would also like to thank all who dropped off cans and bottles for our recent fundraiser. We appreciate everything that CUMC does for us and are thankful for your thoughts and prayers for our staff, children and families.

Submitted by Jennifer King, CCCC Director

THE NAYBACK FAMILY WELCOMES A NEW MEMBER!!



Pictured here are Marla, Tyson, and Aubrey with Anthony Champion (AKA: "Champ") and Ethan. Wednesday, July 24, 2019 was Adoption Day! Champ is just over one year old. Their church family celebrates with them!

CAMP MICHIGAMME REMEMBRANCES



Alex outside the Chapel

This year was my 3rd year at Camp Michigamme. Our theme this year was "Choose Joy." We learned that God's love ia all around us and no matter what the situation is, we can always find (and should choose) joy.

I was in Meredith cabin with the same guys from last year. We also had the same counselors. There were only 6 of us total. It was

really cool that we were all together again and we got to catch up and get to know each other better.

My favorite part of camp was craft time. I learned how to make bracelets with gimp. Gaga Ball and Carpet Ball



Alex in front of his cabin

were also a big part of camp. Plus, I beat Dean Ryan at cribbage. Whoot!! Whoot!!

Camp is so fun that I already signed up to go next year and asked my mom if we could also go to family camp!! I had a wonderful time.

Submitted by Alex Rowell

RECIPE ROUNDUP CORNER

(We know we have many wonderful cooks in Algonquin and Central Churches. We invite the sharing of your favorite recipes. Just write them out, include your name, and turn them into the box marked for "The Flame" outside of our secretary's office, or email them to Barb Larson at blarson1517@charter.net It can be desserts, entrees, beverages, appetizers, etc.)



SNICKERS APPLE SALAD

Ingredients: 1 1/2 cups cold milk

8 oz. Cool Whip

4 Snickers candy bars, the full size ones, cut-up

1 small package vanilla or cheesecake instant pudding mix

4 Granny Smith apples

Mix the milk and pudding mix together and then add Cool Whip, apples and Snickers. Refrigerate at least two hours before serving

Submitted by Robin Myers

(This was served at one of our summer salad luncheons, and many asked for the recipe.)

BIRTHDAY AND ANNIVERSARY BLESSINGS AND WISHES

Central Birthdays

September 4 - Díana Morgan

September 8 - Kay Miller

September 10 - Evelyn Bush

September 17 - Ruth Molino (Happy 86th)

September 22 - Sheri Garee

September 25 - Marquetta Bruce

September 27 - Nate Moran

Central Anniversaries

September 1 - Jamíe and Brenda Coullard (35th) September 26 - Ray and Díane Bell (32nd)



Algonquín Bírthdays

September 9 _ John O'Connor

September 19 - Sharon Bennett

September 20 - Ed Rousseau

September 21 - Bob Sibald September 23 - Chris Meicher

THANK YOU....

.....As you enter Central's Fellowship Hall from the Spruce Street side, you will see one of Jeanne Tubman's "Lion & Lamb" pictures. This was purchased and framed by Bruce and Barb Campbell and given as a gift to Central United Methodist Church. Thank you Bruce and Barb!





Welcome back to another exciting year of Christian Education at Central!

Sunday School resumes September 8th at 9:45a.m. for Middle and High School Students (grades 5-12). This class is taught by Norb Bennin, Don Wilson and Tom Brown. An adult class will also be available, led by Ray and Diane Bell.

Family Night returns on Wednesdays, beginning September 18th. A light meal is served from 5:30-6:15 then separate instruction for kids and adults takes place from 6:15-6:45.

Many other opportunities and events for Christian Education are being planned and we encourage all members to take an active role in supporting the youth and families of Central.

14 WAYS TO PRAY FOR THE KIDS YOU SERVE

Pray that kids will come to know Christ as Savior.

Pray that they will love God with all of their hearts.



Pray for their parents and families.



Pray for spiritual stability during tough times.



Pray for the needs of their hearts that you may not know about.



Pray for physical protection in their lives.



Pray that kids will love God's Word.



Pray for their continued connection to the body of Christ.



Pray that kids will find their identity and worth in Christ and not in our world



Pray that God will give them compassion for others.



Pray that they will have integrity in all areas of their lives.



Pray that they will look for ways to serve the Lord.



Pray that kids will learn to pray too!



Beginner Yoga Classes to Start at Central

At the last Endowment meeting the committee approved \$1,000 in start-up funding for Yoga classes at CUMC. This idea started with UMW and Hannah Circle when we were talking about aging, health, exercise, body and spirit. In doing some on-line research we found several churches offer Yoga and found an article in Crosswalk.com /faith on Should church buildings be used for Yoga Classes? Following is an excerpt from the article:

The article states: Yoga, is an activity that compliments the Christian faith. Yoga practice in a church building could benefit members. During Yoga spiritual awareness is melded with physical activity. Yoga involves moving though a sequence of poses, which are often paired with breath to create mind/body awareness.

While Yoga is not religious, it can help build a spiritual awareness and create feelings of balance and clarity. At the end of the session participants are encouraged to give thanks for the experience and simply rest. This is a time participants can pray. Sometimes it is a prayer of gratitude, thanking God for our body. Other times students can humbly ask God for support. "The Lord will fight for you, you need only to be still" Exodus 14:14. Some people need opportunities for stillness built into their routine, and yoga can provide this structure. Some instructors end class by saying "The light in me honors the light inside each of you" which echoes Christian faith.

People come inside our church for many reasons. If we are open, welcoming and Christ-like our building will be an inviting place where people will feel comfortable and want to return. As Christians, we can evangelize by supporting the range of needs of God's children in our community.

A-weekly beginners Yoga class will begin at Central on <u>September 10, 2019 Tuesday</u> <u>evening from 6:30 – 7:30 pm.</u> The classes will initially be opened to church members only and those they invite as a guest to participate. Over time classes may be expanded and advertised to the community. A donation basket will be available with a suggested donation of \$5.00, but no fee will be required initially. Costs will be for the Yoga instructor with the intent for the class to become self-supporting over time. A UMW member will be present to greet attendees, open & lock doors, turn lights on and off and assure church building is respected.

We hope you will join us. It doesn't matter if you have never tried Yoga before or if you are an experienced student all are welcome.

Submitted by Terri Bush

Thank you Vacation Bible School Volunteers

For opening our eyes

To the Bible and to Jesus,

Life's most precious prize.

Thank you VBS teachers

For opening our mind

To God and the Holy Spirit,

And for answers you help us find.

Thank you Vacation Bible School Leaders

For opening our heart

To eternal life through salvation,

The precious lessons you impart.

So that we can know the Lord.



A total of 29 volunteers helped to make Vacation Bible School a success. 16 teacher/group leaders; 4 youth; 4 volunteers for registration and greeters on Monday; 2 painters and decorators; 2 extra kitchen volunteers for lunch Friday and Pastor Vickie as our worship leader & captain. Thank you to our congregation who donated all the food items needed to make fun snacks each day, Corinne for posting photos and videos on our website and our partners at Faith Lutheran Church.

Thank you Diana Morgan, Susan Brown, Mary Arfstrom, Diane Bell, Ray Bell, Ginger Bath, Sherry Hutchins, Pam Pride, Amanda Sibbald, Janet Rogers, Jennifer Parker, Uwaoma Osumili, RuthAnn Brindley, Stephanie Miller, Jackie Willey, Harriette Robinson, Dorthey Morley, Audrey Gillett, Evelyn Bush, Pastor Vickie, Jacob, Alainey Kennedy & Alivia Kennedy for giving your valuable time to take our children to the mean as they explore where God's power can take them.

Under your leadership our Voyagers discovered how to serve God and God's mission for their lives. Voyagers discovered our Vector Verse; Ephesians 3:20 Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us!

Thank you for making **To Mars and Beyond** VBS part of your summer!

God Bless.

Terri Bush & Bev Proulx; VBS Directors for Central United Methodist Church Bev Atkins, VBS Director for Algonquin United Methodist Church Sandy Lawson & Cathy Tibbett, VBS Directors for Faith Lutheran Church

Pictures from Vacation Bible School







CONGRATULATIONS TO

We send our congratulations to **Jeanne Tubman**, who was given The 2019 Best of Show award at the Sault Summer Arts Festival in August. Jeanne is a repeat winner of this show, as well as numerous other art awards. This year's award was based on her original "Lion and the Lamb" oil painting, which she created to help fund the Backpack Mission program of Central United Methodist Church.



We also send our congratulations to the **John Lutz** family. His son, John Todd Lutz, has received a promotion to Command Sgt. Major in the U.S. Army. His daughter, Anna Lutz Ramos, was recently selected to serve on the Board of Directors at North Pointe Bible College in Boston, Massachusetts. Anna has a Christian counseling practice in Long Island, N.Y.

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